



Issue 4 Term 2 2021

Important Dates

**Year 8 Retreat -
Group 2**
Tuesday 18 May

**Parent Workshop -
Madhavi Nawana
Parker**
Wednesday 19 May

Year 10 Camp
Thursday 27 May

Year 10 Camp
Friday 28 May

College Tour
Saturday 29 May

Student Free Day
Friday 11 June

College Tour
Saturday 26 June

Message from our Principal



Dear Kildare Families

Welcome to Term 2. The term where we welcome the energy of Autumn into our lives – a time of transformation and reflection. The brilliant colours of the leaves remind us of the wonder in our lives. Like the leaves falling away from their branches, with great grace, together we can let go and make way for new blessings.

This term, once again we have many activities and events to look forward to as a College Community.

Arkaroola

During the first week of the holidays, Nick Kellett, Kim Thomas, Anthony Vottari and Tania Pullin led and escorted our Year 11 and 12 Physics students on a trip of a lifetime to Arkaroola. From all reports, everything went extremely well - our students were excellent ambassadors for Kildare and were able to explore the incredible environment and hospitality, whilst completing the Physics experiments carefully prepared by Nick Kellett.

We would like to especially thank Dr Kristin Weidenbach and Lila Weidenbach (present Kildare family) for extending a welcome for Kildare College to visit Arkaroola Wilderness Sanctuary (AWS). Also, Doug Sprigg and Vicki-Lee Wilson for their support and hosting Kildare staff at AWS on reconnaissance visits to discuss logistics and ensuring the educational activities are world class and our students are well accommodated.

We thank and congratulate everyone involved in the success of this trip, and for being so willing to go during the holidays.

Holiday Improvements

Over the school holidays, we have been busy again with improving our facilities. These holidays the following occurred:

- **Canteen** - Tiling on the outside of the canteen. This looks sensational and certainly lifts the profile of the canteen.
- **Our Fence** - Our new fence is nearly finished with only a few finishing touches to be completed. It truly does look amazing and certainly improves the profile and safety of the College.
- **Kildare Building** - Where the roller doors are located, carpet and new glass doors have been added to provide another space for the students to sit and keep warm.
- **PA System** - Our PA security system has been improved so that all messages can be heard effectively throughout the College.

- **The Square Garden** (transportable) has been completed - seating has been ordered and will arrive later in the term.
- **Sick rooms and sick room toilet** have been refurbished

Parent Workshop - Navigating the tricky teen years

Wednesday, 19 May 2021 – 6.30pm

We are delighted to welcome to Kildare, Madhavi Nawana Parker, Director of Positive Minds Australia to lead a workshop on navigating the tricky teen years.

Madhavi Nawana Parker's focus is on helping to understand why your daughter is more likely to have challenges in the pre-teen and teenage years with family life and friendships.

The workshop will focus on the following topics:

- Strategies parents can employ to help their teenage daughters navigate adolescence in a healthy manner
- Learning to deal with rejection in friendships/relationships
- Ways to develop self-responsibility and resilience
- How to cultivate open communication between daughter and parents/carers, and
- When to seek support from mental health professionals.

Innovation Hub

The Innovation Hub project is moving along smoothly, and the plans have now gone to tender. After the tender period concludes, we will then be able to appoint the successful builder. Once the builder has been appointed, we will have a special launch to share with everyone what we are planning to do.

Learning Reviews

It was wonderful to meet and see so many families attend the Learning Reviews at the end of last term and last week. As always, we sincerely appreciate your attendance and support with your daughter's learning.

Staffing Update

Upasana (Sana) Thakore - New IT Support Officer – started at the beginning of Term 2

Sana has a Master of Information Technology from the Melbourne Institute of Technology and has had different jobs working in the areas of IT System Analysis, IT System Administrator, and IT Helpdesk Support.

Finally, each day, your daughters continue to show us how creative and dynamic they are with all that they do. It is a privilege to observe them grow and develop new skills, always showing great strength and gentleness.

Thank you so much for your support with all that we do.

Tina Neate

Principal

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Recent News

Madavi Nawana Parker Parent Workshop



Photograph sourced from
Positive Minds Australia

Help your daughter navigate the ups and downs of the tricky teen years.

A practical session for families presented by
Madhavi Nawana Parker, Director of Positive Minds Australia.

Dear Parents and Carers,

Adolescence is a time of change and can bring with it many challenges for your daughter/s and for you as parents and carers.

We have organised for mother of three, counsellor, author and Director of Positive Minds Australia, **Madhavi Nawana Parker**, to present a practical session to help you navigate the challenges of the teenage years. A not to be missed opportunity to hear and learn from a highly respected, experienced local practitioner in her field.

Further information and booking details can be found on the College Splash page.

Glenn Clifford

Director of Wellbeing

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Arkaroola - a Trip of a Lifetime



After an early start, and a long day of travel the Year 11 and 12 Physics classes arrived at Arkaroola. The journey was punctuated with stops at Pt Augusta, Hawker and then Copley, where the roads turned to dirt and we navigated our way to our final destination of Arkaroola Village.

Day 2 was the Ridgetop Tour, which included looking at radioactive hot spots (which were confirmed with a Geiger counter), a geological seminar and many stops to view the magnificent landscape with our wonderful tour guides. As guests of Doug Sprigg, he generously extended what is usually a half day tour into a full day tour, and we were most appreciative of this opportunity.

Along the tour we came to an interesting anomaly. A hole dug by miners that at some points of the day sucks in air, and at other times expels air. This was a point of the students' investigation and the students began by looking at the flow rates of the air, checking for radioactive activity, taking the temperature, pressure, and electrical readings to see if they could deconstruct the problem. While the solution has not been explained yet, the students used proper scientific exploration methods to investigate (basically take as many measurements as you can) and will come up with some potential models for the phenomena throughout the coming term. After the tour, some students took some R&R while others went on a hike up to Griselda hill (named after Doug's mother).

That best part was yet to come. After dinner, the clouds parted, and the night sky twinkled. We were able to identify many of the stars and constellations by eye. This is the true beauty of Arkaroola as it has some of the lowest light pollution in the world. As such, stars that are not normally possible to view in the city were out in force. Through the digital telescope, we were able to view nebulae, globular clusters, spiral galaxies, and giant stars in amazing detail.

The next day our Year 11 students investigated the intensity drop off, of different forms of radiation with respect to distance, while the Year 12 students looked at the relationship between fluorescent intensity of rocks and their temperature. The rocks glow under ultraviolet light and depending on the chemical makeup, will fluoresce at different colours. Interspersed with deep learning were other activities that included escape rooms, fitness and some rest and relaxation to soak up the magnificent environment.

Doug, our host took us on a short hike up to two telescopes, one owned privately and the other owned by NASA. We also saw the giant artwork of a Trilobite made out of rocks, created by Doug's father. We returned later that evening and using a spectroscopic lens, we looked at the light of the stars, Sirius and Canopus to name a few, and then diffracted the light into its constituents. By doing this we were able to determine the chemical makeup of the distant stars.

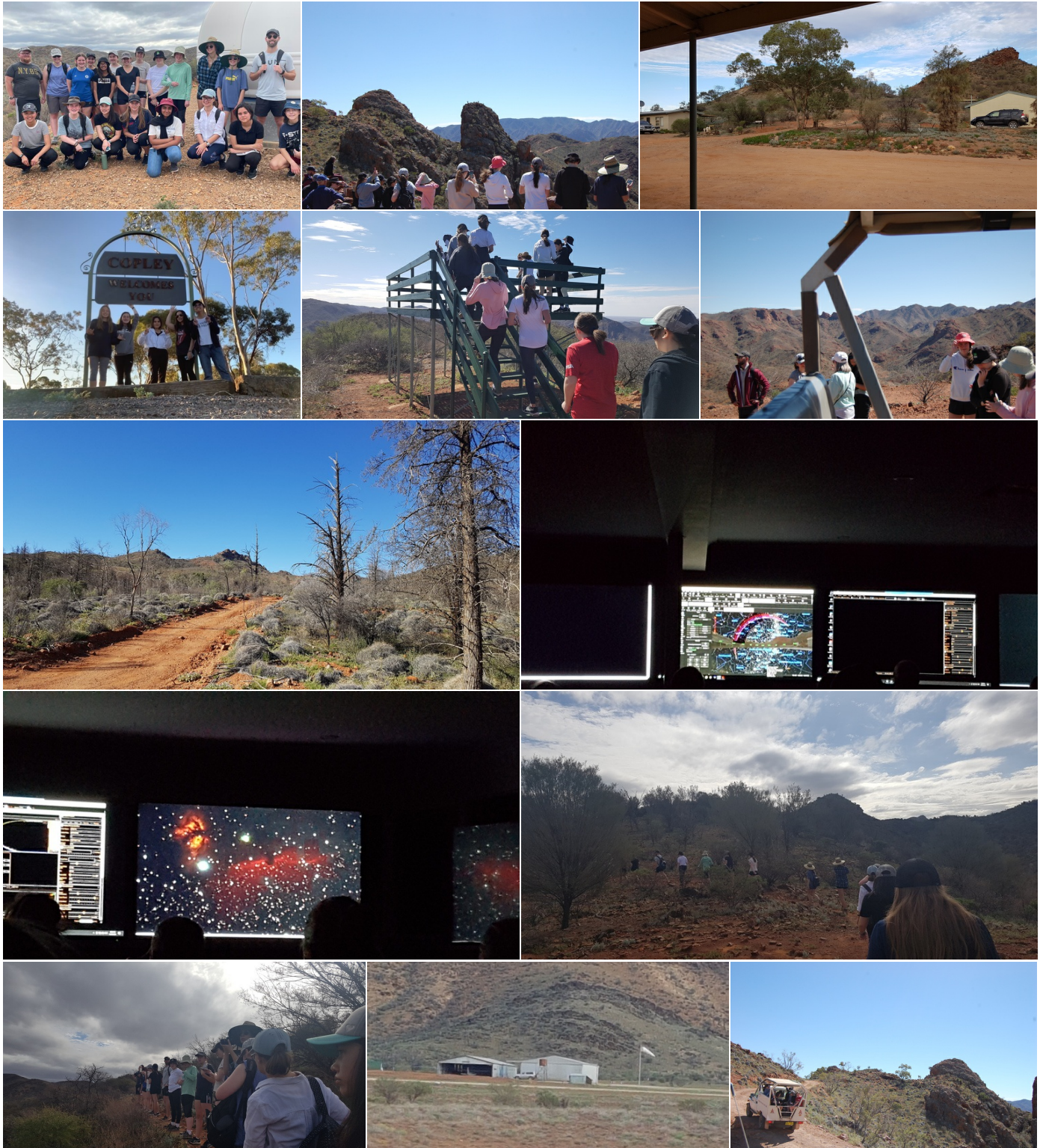
Students participated in a moving liturgy, outside with the mountains surrounding us, around a fire while the sun began to set. As the liturgy continued, the stars came out and we had time to reflect on the land, ourselves, and the experiences that we have shared.

Dinner was a barbecue under the stars with the Arkaroola Village. Surrounded by colourful lights, the smell of the food, and good company, the dinner was an absolute delight. Doug gave a speech to the entirety of Arkaroola and was extremely complimentary about Kildare and our wonderful student ambassadors.

Arkaroola was definitely a trip of a lifetime and we would like to acknowledge the support and participation of Kildare staff Anthony Vottari, Tania Pullin and Kim Thomas who willingly attended and worked with the students throughout the trip. We would also like to acknowledge the generosity extended to us by Doug Sprigg. This trip would not have been possible without the sponsorship of Heathgate Resources. The students were amazing in their engagement, excitement, and their manners. They are a reflection of Kildare and they made us proud.

Nicholas Kellett-Southby

Physics Teacher



Year 8 Art Excursion



Students from Year 8B and 8D participated in an excursion to the Art Gallery of South Australia. Students viewed the current exhibition of Clarice Beckett an Australian landscape artist, who has a modernist style using tonalism as her technique.

Students had the opportunity to tour some of the permanent works in the gallery that were also landscapes painted by Australian artists including more female artists, including Dorrit Black.

Students will now create their own landscape painting using this excursion as their source of inspiration.

Verity Clark

Art Teacher



Message from our Director of Teaching and Learning



Staff and Students have hit the ground running in Term 2 with a number of activities being undertaken across the year levels and curriculum areas. Year 8 HUMS recently celebrated the end of their medieval unit with themed day including spit roast and a medieval dress up. Our Year 9 students have started their SASI Talent Search Fitness tests with our new timing gates and vertical jump apparatus making the testing more accurate and our Year 12 English and Drama students have been out to see 'Euphoria' to help with their studies.

NAPLAN

The National Assessment Program - Literacy and Numeracy has taken place this week. Our Year 7 and 9 students sat their tests on Tuesday through to Thursday and will have an opportunity to catch up any missed test on Friday.

AVCAT Scholarships

The Australian Veterans' Children Assistance Trust is offering tertiary scholarships for the children and grandchildren of Australian ex-serving veterans. These scholarships are valued up to \$4000 per year for 3 years. Check your eligibility at avcat.org.au

To be eligible students must be:

- Enrolled, or planning to enrol in a full-time course at university, TAFE or RTO in 2022
- The child, stepchild, foster child, or grandchild of an Australian ex-serving veteran
- An Australian citizen or permanent resident
- In receipt of, or eligible to receive, Centrelink payments including Youth Allowance, ABSTUDY, Austudy or an accepted means-tested Commonwealth government payment in 2022.

Raymond Kropinski

Director of Teaching and Learning

Message from the Middle Years Coordinator



The ownership and daily usage rates of mobile phones by young people is rapidly increasing. Mobile phones are multi-purpose devices and students use them for entertainment, learning and most specifically for connection. Young people spend a significant amount of time using their mobile phones and social media to maintain their social connection and at times, put more effort into their online relationships than their face to face ones. As a result, some students spend significant amounts of time online and find it challenging to make and maintain personal connections with others.

To promote face to face connection and to reduce the amount of time students spend on their phones the College has Digital Citizenship Guidelines restricting the use of mobile phones to educational use only. It is expected that mobile phones are not used from Pastoral Care in the morning until Pastoral Care in the afternoon and we encourage students to keep their phones out of sight. We encourage students to participate in activities at lunch time that promote face to face connection rather than online connection.

We understand that when students leave our gates at the end of the day, they want to stay connected with their peers, it is important, however, that the time they spend on their phones is balanced with other activities, such as, sport, extra curricular activities and face to face interaction with family and friends. If you are finding it challenging to manage device usage at home the following strategies could be implemented:

- Use rules and expectations about device usage at home
- Aim for short time periods of use
- Encourage participation in after school sport and extra curricular activities
- Encourage socialising and connection with peers in face to face settings
- Avoid device usage before bed
- Keep devices out of bedrooms at night.

If you are worried about your daughter and the time she spend on her device or if you would like more information about these strategies, please see the Raising Children parent website <https://raisingchildren.net.au/teens/entertainment-technology/screen-time-healthy-screen-use/healthy-screen-time-teens>

Kim Thomas

Middles Years Coordinator

Message from our Senior Years Coordinator



Throughout Semester 1, Year 11 students have led the Peer Support program, meeting with groups of Year 7 and 8 students. In their groups the Peer Support Leaders have worked through a range of activities that have supported transition into secondary school and focused on developing resilience.

The Peer Support program allows for meaningful connections to form across year levels, so that the Year 11, Year 7 and Year 8 students can acknowledge their strengths and achievements.

The Peer Support Leaders play an integral role in the program, as they develop leadership skills in a respectful and flexible setting, providing opportunities for them to explore the idea that how they view themselves and their challenges, can affect the outcome of situations.

Throughout the program the Year 11 students develop skills that encourage them to keep things in perspective, separating emotions and ascertaining facts to accurately identify challenges. Understanding how influential our thoughts are in responding to challenges is crucial, and is an essential skill students need within the senior years.

The Peer Support Leader role is a significant aspect of the College's student leadership program. Students experience opportunities to develop and build positive relationships, define, identify and create a sense of belonging.

As Senior Years students in 2021, these students have demonstrated a strong commitment to our values and ensured that all members of our community are treated with kindness and respect.

Our current Peer Support Leaders have fond memories from their own experiences in working with the Year 11s, when they were new to our community, and it is always a pleasure to see them fulfil their goal of becoming a Peer Support Leader that was set in Years 7 and 8. As Peer Support comes to a close for 2021, we congratulate the Peer Support Leaders for their dedication and efforts as positive role models within our community.

Emma Ward

Senior Years Coordinator



11.05.21

Fluor Engineers Challenge



For a bit of company fun and friendly competition, Fluor Engineers Challenge each other every year in a global, company-wide engineering competition. In 2015, Fluor decided to bring the spirit of their yearly employee competition to students. The Fluor Engineering Challenge is designed and created by real-life engineers to help students experience how engineers design solutions and to show students first-hand how fun engineering can be.

Students in Year 7 STEM are currently participating in the Fluor Follow the Flow Challenge. In groups, by engaging in the Engineering Design Process, students design, build and test their model of a terraced irrigation system that uses flowing water to transport plastic beads.

This project is inspired by the Banaue Rice Terraces, 2,000-year-old structures carved into mountainsides in the Philippines.

As it is a challenge, groups in each core class are competing against each other to be crowned the 2021 challenge winners!

Julia Groutsch

Learning Leader



12.05.21

Enthusiastic Debaters



Our three very enthusiastic Year 9 debaters – Abby, Katya and Kavishi, started off the debating season with a bang. With their oratory skills in full throttle, the negative team debated against Portside Christian School regarding the controversial topic, “That the Prime Minister should make a 'State of the Union' speech.”

Winning by a convincing three points, Kavishi clearly outlined the definition of the topic and the team’s motion, as well as providing very good rebuttal against the first affirmative speaker. Abby demonstrated poise when rebutting against the second affirmative speaker and included a range of outstanding persuasive devices in her speech, while our third speaker, Katya elegantly concluded with a polished

speech, reinforcing the team's stance.

As affirmative team, our next topic is that the "NYPD should get Spot back." The debate will be held at Nazareth Catholic College on Thursday 27 May at 8:15pm. We are once again looking forward to seeing the team in action.

Well done team!

Zefi Pezos and Linda Beck

Debating Coaches

11.05.21

Year 9/10 Dance Audition



**KILDARE
COLLEGE**



YEARS 9/10 DANCE AUDITION

Join us for auditions and your chance to be a part of the 2021 Kildare College Dance Production.

- Tuesday 25 May 2021
- 3.30pm - 5.00pm
- Brigidine Centre

Dancers must be available for all weekly training sessions. Trainings commence Tuesday 1 June (Week 6) between 3.10pm - 4.50pm at Kildare College.

• If you require any further information please contact the College.

Ms Nairn and Ms Horne

Dance Teachers

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11.05.21

Look out Thunderbirds



Kildare College is delighted to have three netball representatives chosen in the Adelaide North East SAPSASA Netball team.

- Amy Kosir
- Emma Stockman
- Phoebe Schmidt

We wish the players and their team good luck for their carnival to be held at Priceline Stadium from Monday 31 May – Wednesday 2 June 2021.

We look forward to hearing their results after the carnival.

Biance Parker

Sports Development Officer

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Resource Centre News



It has been a busy Term 2 so far in the Resource Centre with lots of reading, borrowing, and fun lunchtime activities. Our Year 7 and 8 HUMS classes have enjoyed coming to the Resource Centre for weekly lessons where they can borrow new books and work their way to completing their 12 novels for the Premier's Reading Challenge. It is such a wonderful way for the students to broaden their reading horizons, and improve their literacy and vocabulary skills.

There is always something exciting happening at lunchtime in the Resource Centre. This month is Mindful in May so we have had a special focus on Mindfulness colouring in and Origami. It has been a great chance for the students to socialise over a calm and mindful activity. Last week the students had lots of fun making Mother's Day cards for someone special in their lives.

As I am new to the role as Resource Centre Officer this year, we have focused on building a graphic novel and manga collection for the students as it is such a growing area of interest for them. Graphic novels are visually appealing and multimodal texts that require multiple literacies to understand them such as linguistic, visual, gestural, spatial and symbolic. Building this collection has tied in wonderfully with our weekly Anime Club that meets every Friday lunchtime. Students enjoy discussing their favourite anime and manga, colouring in their favourite characters, and drawing their own creations. It has been a great way for them to learn about Japanese culture and meet new friends with similar interests.

Please look forward to another great term with lots of fun activities in the Resource Centre!

Happy Reading,

Emma Gay

Resource Centre Officer

11.05.21

Art and Design Inspiration

Ms Fairweather's Stage 2 Art and Design Students and Ms Clarks Stage 1 Design students had the opportunity to visit the SACE Art Show, The Royal Australian Institute of Architects Australia, and Art Gallery of South Australia.

Students were able to view the 2020 students' Stage 2 Art and Design Folios and Visual Studies samples from various schools, which helped inspire our Kildare College students with their own assignments.

Students were also fortunate enough to attend a Q and A forum hosted by esteemed Architects at The Royal Australian Institute of Architects Australia, where they were able to ask industry professionals questions about the many responsibilities and skills required of architects.

To finish off the day students toured the Art Gallery of South Australia's Design and Fine Art exhibits.

Amy Fairweather

Art and Design Teacher

National Sprint Kayaking Championships



Two Kildare College Year 10 students, Madeleine Corner and Lorelai Smith are competing in the National Sprint Kayaking Championships which are held at West Lakes from the 19 - 23 May 2021.

This is a major event in the National calendar and doubles as the last regatta before some competitors to head to Tokyo and the Olympic Games. The students have been training very hard and are looking forward to competing and being considered for the World Cup/championship teams including the Olympic Reserves.

The College community wishes you both the best in the regatta and beyond.

Bianca Parker

Sports Development Officer

Second Hand Uniform



If you would like to buy or sell your uniform you can visit Old School Trading at <http://www.oldschooltrading.com.au/> which is the site we prefer families to use.



You are invited: CESA Parent/Caregivers Workshop and Discussion Forum: Perfectionism and the Gifted Child along with an open question and answer time

When: 7:00pm – 8:pm on 27 May 2021

Where: School hall of Christ the King School, 126 Dunrobin Road in Warradale

Presenter: Dr Rebecca D. Napier, CESA Gifted Education Advisor

Cost: Free to CESA parents/caregivers

Included: Tea, coffee, nibbles

Other information: This is a COVID safe event, and appropriate spacing, hygiene supports, QRC codes, and check in sheets will be available on the night.

Registration close on 21 May: [CESA link](#) or <https://registrationcentre.cesa.catholic.edu.au/event-4291088>