



## Important Dates

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**College Tour**  
Saturday 31 October

**College Tour**  
Saturday 21 November

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## Message from our Principal



**The PAST is your lesson.**

**The PRESENT is your gift.**

**The FUTURE is your motivation.**

It is that time of the year where we begin our end of year celebrations. In a year like no other, last week, we farewelled our 2020 Year 12 students. We are so proud of our students who have shown resilience, courage, perseverance and have just got on with life during this pandemic that has seized our world. It was a very special week, as we celebrated the incredible achievements of our 2020 graduating class.

Whilst this time is filled with mixed emotions for our Year 12 students, it is also a time to reflect on how they have enriched our community, and the many choices that they will be presented with in the future. Our hope is that they leave Kildare as young women of faith and spirituality, young women of service, young women of courage and young women with a love of learning. Our prayer is that the students continue to evolve, explore what lies outside their comfort zone, and awaken to all the opportunities ahead.

Our 2020 Graduation Mass theme last Tuesday centred on, 'You are the salt of the earth' from Matthew's Gospel. Father Mathew highlighted that we are all here to support one another and to embed our Kildare Core Values in all that we do now and into the future. He reinforced the importance of learning to love each other and to let the light shine on all that we do. We sincerely thank Father Mathew Raj for his inspirational words during the Mass and his commitment to Kildare. After the Mass, we presented the 2020 Academic Dux and Service Awards. The award recipients are named later in the newsletter.

Last Friday, we came together as a College community to celebrate, reflect and embrace life after Kildare. There were many laughs and some tears, sharing the many special moments that have shaped this very special 2020 cohort, especially during this remarkable year. Once again, it was a fitting occasion acknowledging all that this cohort has given and contributed to Kildare over the past 5 years.

We also graciously thank all of our families and staff in educating, supporting, mentoring and loving our young people into who they are today. We are very proud of all of the students and please know that they will always be part of the Kildare Community.

We hope that our students always aim high and dream great things, embracing all that they have experienced at Kildare whilst continuing to evolve. We pray they go with God's blessing in whatever path they choose to take – the start of a new beginning.

**Tina Neate**

Principal

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## Recent News

27.10.20

### From our Director of Wellbeing



At this time of the year, when our Year 12s are preparing for exams and finalising assignments, it is timely to consider the concept of mindset and how it affects our behaviour.

There is ample evidence to suggest that we humans pay more attention to and give more weight to negative rather than positive experiences. Why, you might ask? Because we have inherited the flight – fright – freeze response from our early ancestors. If they weren't vigilant to dangers around them such as preying animals, they would perish. And while those dangers have largely disappeared, our brains are still hard wired to scan for danger; consequently, we all like a bit of drama every now and then; we are all prone to embellishing events and we all develop automatic negative thoughts to some degree. Research on Negativity Bias suggests that we need approximately three positives to counter one negative comment. Positive Education views human nature as motivated to pursue a fulfilling, flourishing life in which negativity bias and automatic negative thoughts are kept in check. In Catholic education we seek to foster human potential; we want our students to flourish, to use their God given gifts in the service of others.

Positive Psychology and Positive Education offer us strategies to increase our wellbeing through the cultivation of positive thoughts, feelings and behaviours; these are often referred to as PPIs (Positive Psychology Interventions). Examples of PPIs include: expressing

gratitude and forgiveness; practising mindfulness; identifying and developing our strengths; regularly visualising our best possible selves, and practising compassion. Similarly, cultivating a Growth Mindset is very important to promoting wellbeing because it teaches us to persist despite obstacles; to embrace challenges; to be open to and learn from constructive criticism; to interpret failure compassionately and as an opportunity to learn, and to view intelligence as a trait that is developed over the life - span through strategic effort and ongoing reflection; it is not fixed.

October is Mental Health Month, so I encourage you to consider making a commitment to developing a Growth Mindset by choosing to enact a positive psychology intervention; it might be as simple as recording or saying one thing you are thankful for every day, or refraining from making judgemental comments.

“You have – within you – the fuel to thrive and to flourish and to leave this world in a better shape than you found it” (Barbara Fredrickson).

Sincerely

**Glenn Clifford**

Director of Wellbeing

28.10.20

From our Senior Years Coordinator



Farewell to our Year 12s

We have had some wonderful celebrations with our Year 12 students over the past week. Starting with our beautiful and reverent Graduation Mass, the family breakfast and then our farewell assembly.

Each event was a lovely way to say farewell to our students as they complete their final assignments and sit their end of year exams. It certainly has been an eventful year for them and we wish them all the best. Their results will be released late December, just before Christmas.

**Raymond Kropinski**

Senior Years Coordinator



## Subject Dux Winners



We are very proud of the academic achievements of all of our students at Kildare.

On Tuesday evening last week, Dux medals were presented to Year 12 students who achieved the highest A grade in their subjects for their school based assessment. Their names are listed below.

- Accounting - **Chloe D'Aloisio**
- Biology - **Grace Builder**
- Business Innovation - **Alicia McMahon**
- Child Studies - **Phoebe Walsh**
- Community Studies A - **Adela Tawassoli**
- Dance - **Charlotte Lewis (Year 11)**
- Drama - **Emily Goode**
- English - **Grace Builder**
- Essential English - **Emma McCallum**
- Essential Mathematics - **Samara Costanzo**
- Food and Hospitality - **Olivia Ruggiero**
- General Mathematics - **Sofia Ferraretto and Amelia Perilli**
- Integrated Learning (10 Credit) - **Yasmine Coad**
- Integrated Learning (20 Credit) - **Shiun Ryu**
- Italian - **Natasha Phillips**
- Mathematics Methods - **Amatullah Mansurwala**
- Media Studies - **Abbie Faul**
- Music - Solo Performance - **Bethany Poel**
- Music - Ensemble Performance - **Amy Somers**
- Music Explorations - **Hayley Kinloch**
- Nutrition - **Sofia Ferraretto and Charlotte Ricciuto**
- Physics - **Amatullah Mansurwala**
- Psychology - **Ruby Northway**
- Research Project B - **Olivia Ruggiero**
- Religion (10 Credit) - **Grace Builder**
- Religion (20 Credit) - **Amy Somers**
- Specialist Mathematics - **Yasmine Coad**
- Women's Studies - **Grace Builder**

27.10.20

## College Medals



Students listed below have received the following College Medals.

The **Brigidine Medal** is awarded for recognition of generosity and service within the College community. The recipient for The 2020 Brigidine Medal is **Olivia Ruggiero**.

The **Delany Medal** is awarded in recognition of determination and persistence in the approach to learning. The recipient for the 2020 Delany Medal is **Eliza-May Durdin**.

The **Kildare Medal** is awarded in recognition of leadership and commitment to our College community. The recipient for the 2020 Kildare Medal is **Amatuallah Mansurwala**.

The **Nagle Medal** is awarded to the student who displays the courage to act with strength and gentleness. The recipient for the 2020 Nagle Medal is **Mijan Bou**.

The **Caltex Best All Rounder Award** has been presented to Australian Secondary Schools since the 1980s. This award aims to encourage and reward students for commitment and consistent excellence in school and community service activities. It acknowledges a person who participates in a wide range of activities and achieves excellent results. The 2020 Caltex All Rounder award recipient is **Hayley Kinloch**.

Every year **Kildare Ministries** honours the work and achievements of all the members of our community. In recognition of students

being a living witness to the Kildare Ministries values, the trustees present an award to those who have made a significant contribution to the community. The 2020 Kildare Ministries award recipient this year was presented to **Yasmine Coad**.

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28.10.20

## Long Tan Awards



We were delighted to welcome Musician Erin Foy of the 10/27th Royal South Australian Regiment Band to present the Long Tan and Future Innovators Awards for 2020 at our Farewell Assembly.

The Long Tan Awards are sponsored each year by the Australian Defence Force; they were introduced to acknowledge the bravery of men and women who served in Vietnam. The awards also recognise courage and leadership shown by young men during the Battle of Long Tan in times of adversity. Today these Australian Defence Force awards are given in recognition of students who also show leadership and teamwork skills; not only in their school but also the wider community. Both our recipients have shown outstanding contributions not only to Kildare but also communities beyond the College.

**Year 10 recipient Dallas Reynolds**

**Year 12 recipient Amelia Perilli**



## ADF Future Innovators Award



The Australian Defence Force is encouraging the next generation of innovators, critical thinkers, and problem solvers; bright Australian students who are succeeding in Science, Technology, Engineering and Mathematics.

Achievement in STEM opens a range of exciting opportunities; you could find yourself working with innovative technologies and helping shape our nation's future. Being recognised as an ADF Future Innovator shows that you have what it takes to make a big difference.

Students are awarded on their ability to demonstrate innovation and motivation for learning in the fields of STEM while highlighting the value the Navy, Army and Air Force place on STEM skills and STEM career opportunities within Defence.

**Year 10 recipient Isabella Oswald**

**Year 12 recipient Charlie Glen**

## Celebrating all that is good with St Mary of the Cross MacKillop



October 17 saw the 10th Anniversary of the canonisation of Mary MacKillop to St Mary of the Cross MacKillop.

St Mary of the Cross gave Australians an opportunity to celebrate acts of goodness. Mary MacKillop was an ordinary woman who demonstrated to others that all people mattered. She changed the face of education in this country by allowing all children into her schools, especially the most vulnerable. In doing so, she offered a sense of hope to the poor. Ultimately, she lived the message of Jesus, by loving God and loving others.

It is not every day that a country unites to celebrate the life of a person remembered for being a good human being. This is testimony to the remarkable person that she was. On Saturday, there were many around the country who stopped to celebrate a woman whose goodness knew no boundaries. She found a sense of purpose through her faith and at times, against the odds, showed great courage to ensure that what was good and right was not compromised.

We remember St Mary of the Cross because of the love she showed others. We remember her because she was a good person who led by example and taught us the true value of the Gospel. By remembering St Mary of the Cross, we realise that she gives us reason to celebrate all that is good.

**Enrico Caprioli**

APRIM

## Year 10 Treeclimb



During the first week back in Term 4 we visited the Adelaide Treeclimb in the city with the Year 10 cohort to help build resilience, teamwork and relationships across all students.

It was a fantastic day out with many students taking the risk of stepping off the branch!

Part of the day also included some time at the Adelaide Central Market to enjoy the sights and sounds of this vibrant city location. The students thoroughly enjoyed the excursion and we can't wait to visit again.

### **Raymond Kropinski**

Senior Years Coordinator



## STEM Leaders Visit St Monica's



Kildare College STEM Leaders attended St Monica's Parish School to hold an interactive STEM workshop. During this workshop, Year 9 STEM Leaders engaged with the Year 4 students who have been learning to use Computer Aided Design (CAD) software and TinkerCAD.

Year 9 STEM Leaders asked questions, gave feedback and helped the groups develop their designs for game board pieces. These will be 3D printed at Kildare to be used in the St Monica's students' games, which have been created around educating others on local Indigenous culture, beliefs and spirituality.

The session ended with an invitation to come to Kildare to participate in an Oil Spill Challenge in Term 4!

**Julia Groutsch**

Learning Leader



## Inspirational Day of Learning



An inspirational day of learning was enjoyed by the Year 9 Art class and the Nunga Group at the Art Gallery of South Australia and Tandanya.

Accompanying us was Chris Crebbin, local Indigenous artist, who shared his knowledge and personal experience of traditional culture and artwork for our upcoming Indigenous Arts project. Students will be designing, creating and painting more culturally inspired totems for the Wirra Garden at the College.

The students also had the opportunity to create artwork at The Studio in the AGSA where the students created wearable regalia inspired

by Carla Takari Dodd.

**Indigenous Focus Team**



## Wellbeing Walks



This term, as a part of our GAP program, the Middle Years students have participated in Wellbeing Walks.

Students and their GAP teachers walk to Bentley Reserve and spend the time connecting with their peers while playing on the equipment, walking around the reserve and playing ball games.

Providing a relaxed social environment allows students the opportunity to connect with their peers outside of their regular core group and have fun. Students commented that they, 'liked the walk and just enjoyed some chill time with their friends.' (Mia Reynolds)

**Kim Thomas**

Middle Years Coordinator





28.10.20

Congratulations to Khyleesha Welgraven



# Developing leaders for a better world.

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Congratulations to Year 10 student Khyleesha Welgraven, who graduated last week from the Inspiring Teens Leadership Program. This

program involved action-learning leadership skills around social, environmental and economic issues that affect us locally and globally.

Khyleesha was one of sixteen students who participated in the program during the last three months. The students were engaging with different non-profit organisations to help solve real community issues and enable them to develop leadership skills. Khyleesha and her team's project was to raise awareness for 'In2EdAfrica', an organisation that is supporting online learning opportunities for vulnerable students in African schools.

Khyleesha's team received the Community Leadership Award for raising the most awareness through the number 'likes' received for their online post.

**Gabbi Rigney**

indigenous Support

27.10.20

## Building Enterprise Skills



We recognised that enterprise skills are crucial for preparing students for the future of work. This is an immersive learning program for building the enterprise skills of young people that has been developed by the Foundation for Young Australians (FYA).

Each student is given \$20.00 as start-up capital to buy, create, advertise, and operate a business of their own design with the goal of earning a profit over the course of Term 3. Students learnt key elements of entrepreneurship and were taught how to make money and create social good. We are delighted to announce that the students made a profit of over \$300.00.

Well done to all our future entrepreneurs.

**Daniel Chetcuti and Michele Longmire**

Maths Teachers

27.10.20

## Four in a row for Kildare





**Certificate of Completion**  
*Isabella*  
 Kildare College  
 For successful completion of the  
*Defence Industry Pathways Program 17*  
*Semester 1 - 2020*  
 Presented by  
 Sheree Breenan  
 Learning & Development Advisor  
 ASC Shipbuilding Pty. Ltd.  
 27<sup>th</sup> August, 2020



The Defence Industry Pathways Program (DIPP) is a semester length VET course which focuses on advanced manufacturing and design.

The course was designed in collaboration with the Maritime Skills Centre and ASC Shipbuilding to educate students in CAD Design and 3D printing so that they can develop skills that will allow future employment in the defence industries. Entry into the DIPP is competitive, with only 14 students accepted across the state per semester. Students must write an application letter and then, if invited, be interviewed by prospective lecturers.

We are delighted to congratulate Isabella Oswald, Year 10 student who is now the fourth consecutive Kildare student to participate and successfully graduate from the program.

27.10.20

## 2021 Class Placements



We have begun the process for 2021 class placements. Our goal, when working through the process of class placements is to ensure that your daughter is nurtured and provided with a learning environment to help her flourish and we take every care, thought and effort when creating our class lists. We aim to place your daughter in a class with at least one of her requested friends. There are many factors taken into consideration through this process including, learning needs, behaviour, friendships, social and emotional needs, including consultation with students and staff.

Last week your daughter received a link to a survey seeking her input in the development of the classes. The survey asks for her to nominate up to four students that she would like to be placed with in a class, as well as providing feedback on students she feels do not support her learning. Please encourage your daughter to complete this survey by Friday Week 4, as her input is vital to this process.

We understand that for some students, the change can be daunting and it is normal for your daughter to feel nervous about her new class. The opportunity to build new friendships is an exciting time, as it helps students develop resilience and create new relationships with peers and teachers. We ask that you normalise these feelings with your daughter, let her share her feelings and concerns and

focus on the positives.

**Kim Thomas**

Middle Years Coordinator

27.10.20

## State Champions!



Late last term our Year 8/9 Netball Team walked away from Priceline Stadium as State Champions!

A huge congratulations to all players who put in many training sessions across the semester and were rewarded for all their hard work. The team came out on top by 3 points in the Grand Final against a strong country team who have been playing together for a very long time, all the more reason to congratulate the Kildare Team. Now to defend...

**Catherine Smith**

Sports Development Officer

## Term 4 Sport



Students have enthusiastically participated in a variety of Statewide Knockout Competitions during this term.

Our newly formed Year 8/9 Tennis team faced two very strong teams in Round 1. The overall scores did not reflect the rallies and close game scores that we had throughout the day.

The Year 8/9 Basketball team had one game left to advance to Round 2, and with a 60+ point win the team progressed with ease. Best of luck to our Basketball team.

Our Year 8/9 Volleyball team, who have been training each Friday after school, started the round strongly, winning the first two games with ease. Their final match against Paralowie, a strong competitor, was a nail biter and even though the team fought hard, unfortunately the opposition was too strong. We are looking forward to competing next year.

At SAPSASA Athletics we were well represented. Results included a second, two thirds and to finish off the day our 4x100m relay girls absolutely blitzed the field and won their event!

**Catherine Smith**

Sports Development Officer



27.10.20

## Year 7 State Finals



Even though our Year 7 netballers had little tournament experience, this didn't stop them from playing well on the day of the



event. Kildare was defeated by the eventual winner, however every other match was highly contested with the scoreline reflecting a difference of four or less points.

A valiant effort by these rising stars and they have shown promise for the future of Kildare netball.

Well done Players! Making it to the finals is an achievement in itself.

**Catherine Smith**

Sports Development Officer

29.10.20

## Resource Centre News



Each year across Australia, the Children's Book Council of Australia (CBCA) brings children and books together celebrating CBCA Book Week. The 2020 theme was Curious Creatures, Wild Minds.

We launched Book Week on Friday Week 1 when the staff and students joined in our Kildare Book Week Parade. We celebrated the wonders of reading books and dressed up as our favourite book characters. Everyone looked amazing in their Book Week character costumes.

During Term 4, Week 2 our College community celebrated Book Week. Every day we embarked on a journey of quizzes, competitions, crafts activities and our annual Book Week Parade.

The Resource Centre student volunteers transformed the Resource Centre with their creative flair. We had colourful displays of the continents and each display focused on animals that live in that part of the world. Our student volunteers worked together and showcased their organisational skills by creating and running lunch time activities that represented each continent. Thank you for all your efforts.

I would to thank Trinity, in Year 10 who drew animals that represented the Book Week theme. These drawings were the main feature of the art work for our promotional posters and bookmarks. The animals look amazing. Congratulations Trinity.

Many activities were held in the Resource Centre during Book Week

Guess how many reindeer treats are in the jar? We had three students guess the correct the answer of 132.

Anna P (ND)

Katherine (CA)

Caitlin (BB)

Asian Origami Animals

North and South America Animal Bingo

Antarctica Penguin Jars

Australian Scratch Animals

Safari Treasure quiz

The Book Week quiz winner was Laurianne from ND.

Congratulations to the winners and a big thank you for everyone who joined us in these activities.

Thank you to everyone who celebrated the CBCA Book Week.

**Tammie Haythorpe**

Resource Centre Manger



## TAFESA Ambassador



We are always thrilled to hear of Vocational Training success stories, whether students are current or past. Aimee Pope was a Year 12 student at Kildare College in 2019 and after completing her Certificate II in Food Processing in Year 11 (2018), began her Certificate III in Baking as part of her Year 12 studies.

After leaving Kildare, Aimee has continued her Certificate III studies as an apprentice and has recently become TAFE SA's face of baking vocational training in the Learn It Work It campaign. Congratulations Aimee.

**Rebecca Sarvas**

VET and Careers Coordinator